

## Oral Health and the Massachusetts Elderly Nutrition Program

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**Background:** Oral health is a critical component of overall health. This is especially important for seniors who are likely to face dental and soft tissue problems due to aging, less exposure to fluoridation, and primary insurance through Medicare which does provide dental coverage. A 2009 senior oral health assessment of 200 Elderly Nutrition Program congregate meal participants was conducted by the Department of Public Health's (DPH) Office of Oral Health. The assessment found that nearly 20 percent of seniors living in the community had not had a dental visit in more than five years, and approximately 79 percent did not have dental insurance. Seventy percent were not eligible for MassHealth (Medicaid) which, in Massachusetts, covers limited dental care. Approximately 35% of seniors at meal sites had untreated decay with 17% having major to urgent dental needs. Sixty-two percent of seniors with untreated decay also had xerostomia (dry mouth).

In response to this assessment, the Executive Office of Elder Affairs (EOEA) Nutrition Program has collaborated with the DPH Office of Oral Health to work on promoting good oral health for seniors. An EOEA Nutrition Program representative is part of the Senior Oral Health Working Group which develops recommendations, guidelines, and policies to improve the oral health of seniors. The Nutrition Program also coordinated a statewide oral health training for Nutrition Directors and Nutritionists. In addition, educational materials on 5 different oral health topics targeted to seniors were developed and printed on the back of home-delivered meal participants' menus. It is estimated that it has been distributed to more than 15,000 seniors in over 175 cities and towns through the menu backs, as well as newsletters, online posting, and senior newspapers.

**2013 oral health event at congregate sites:** To further promote good oral health for seniors in Massachusetts, the EOEA Nutrition Department coordinated an event on April 18<sup>th</sup>, 2013 in conjunction with the DPH Office of Oral Health. Five DPH Registered Hygienists conducted free mouth screenings to 65 seniors at congregate meal sites in Brockton, Chicopee, Dorchester, Lawrence, and Worcester. These sites were chosen because of their diverse populations with increased socioeconomic needs. More oral health data is needed about these populations because the primary demographic of the 2009 assessment was Caucasian.

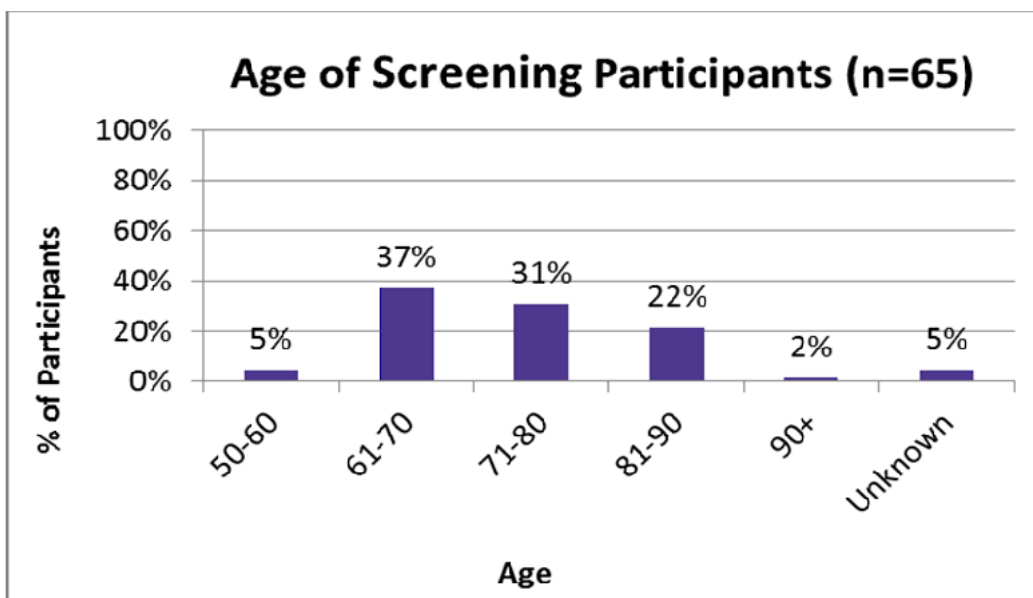
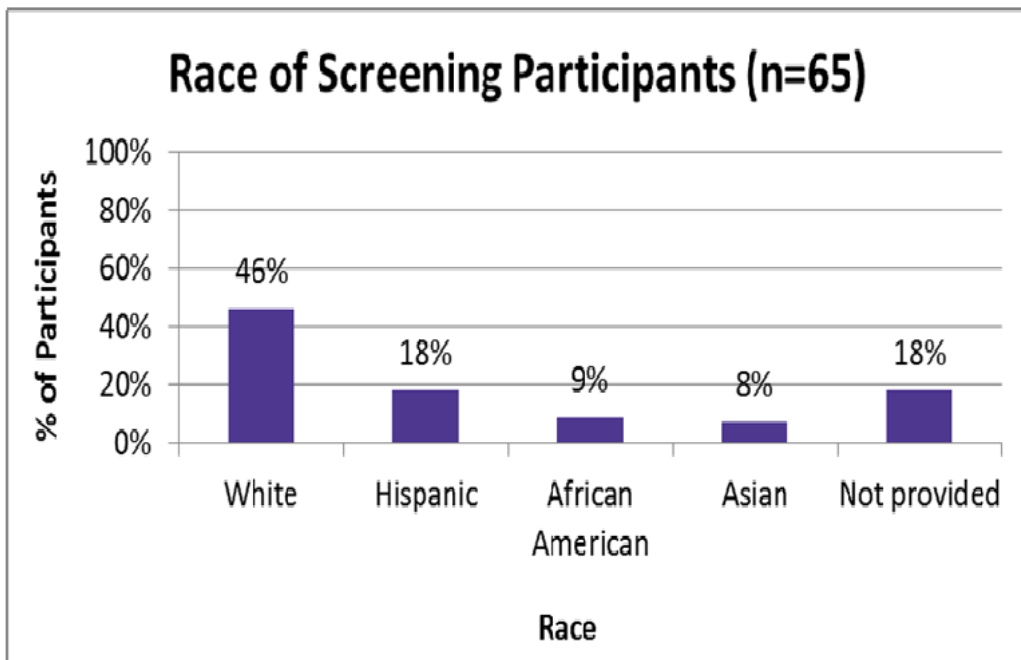
The event was advertised through flyers (Attachment 1) at the meal sites as well as in senior center newsletters. All materials were also translated into Spanish. Participants were asked to sign up for a timeslot prior to the event and received a reminder call the day before the screenings (Attachment 2). Some seniors also signed up at walk-in. All participants were required to sign a consent form (Attachment 3) and received a referral form (Attachment 4) with screening findings that they could bring to a dental provider for follow-up. Hygienists also collected data using the oral health screening form (Attachment 5).

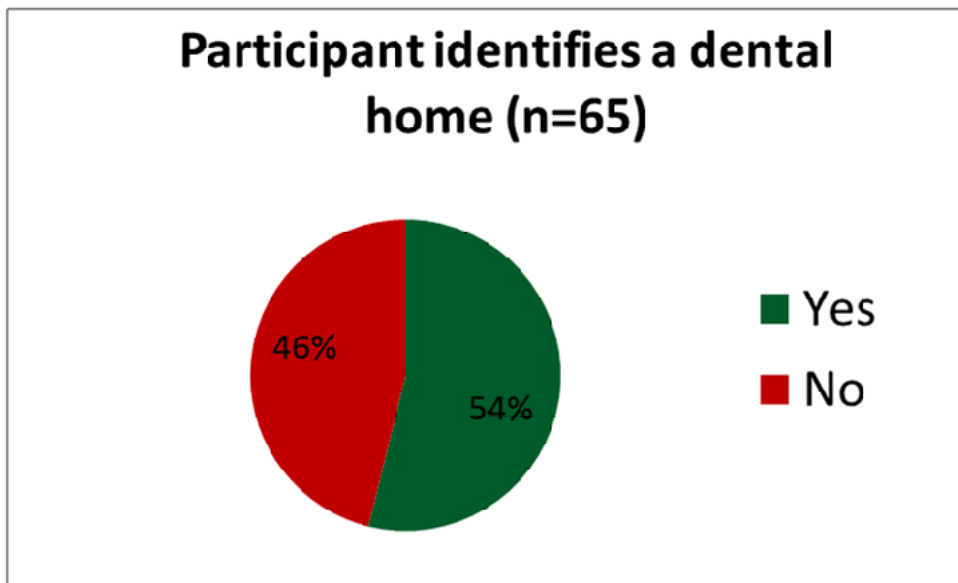
A Registered Dietitian from the local Nutrition Project provided a nutrition education session at 4 of the 5 meal sites on the importance of diet related to oral health. Seniors were provided with resources on accessing reduced cost dental providers in each local area such as community health centers, dental offices that accept Medicaid, and dental and hygiene schools (Attachment 6). Participants were also given dental hygiene bags with toothpaste, floss, a toothbrush, and denture boxes while the Nutrition Program provided a water bottle and free pizza to increase participation at the event.

## Data collected

### Population

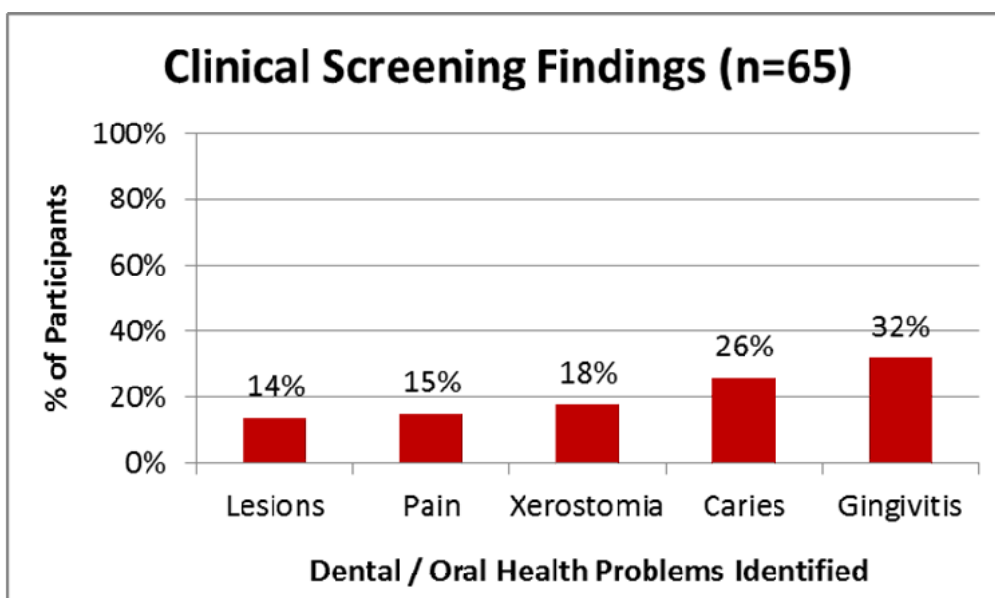
- Of the 65 attendees, forty-six percent of attendees were Caucasian, 18% were Hispanic, 9% African American, 8% Asian, and race was not disclosed for 18% of the sample.
- 75% were female.
- The average age was 73, participants ranged from 58 to 93 years of age. Close to 25% were over the age of 80.
- 86% of the participants are on medications.
- 46% of those screened do not have a dentist.

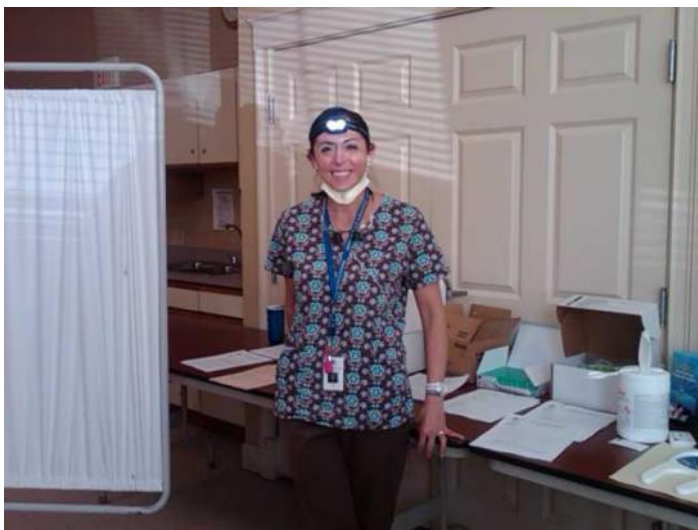
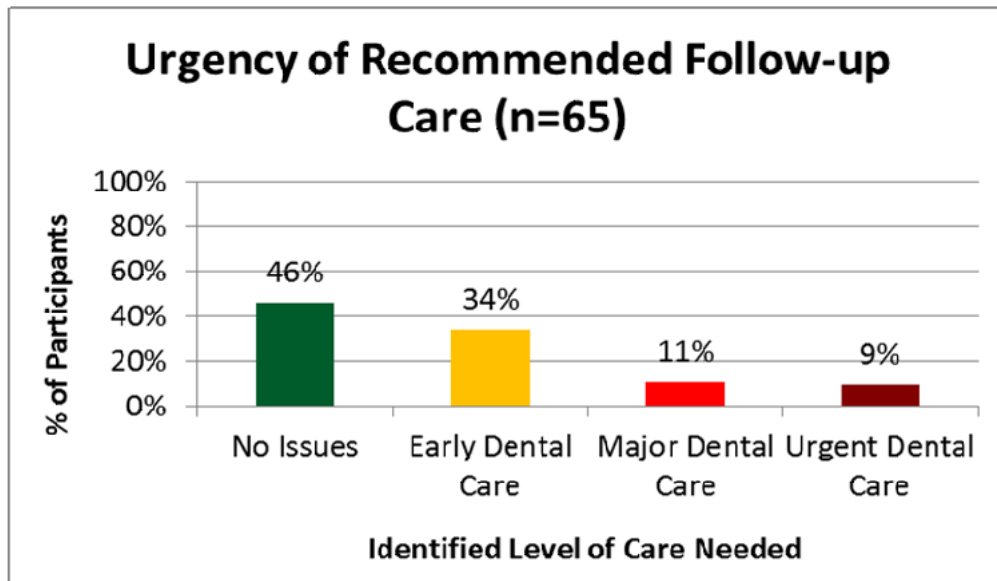




#### *Dental/Oral Health Findings*

- 68% of the sample is edentulous (3 or more missing in 1 arch).
- 42% of the sample has full or partial dentures.
- Approximately 15% of the sample reported soft tissue and/or tooth pain
- 14% of participants were found to have soft tissue lesions, which in some cases could be an indicator of cancer
- 18% of participants were identified as having xerostomia (dry mouth)
- Approximately 1/3 of participants (32%) were found to have gingivitis (inflammation which can lead to more severe periodontal disease).
- 26% of participants were identified as having dental caries (tooth decay)
- 53% of participants were identified as needing further follow-up dental care, 20% of these were major or urgent, and 9% were urgent.
- 43% of participants were provided a referral to a local dental provider.





DPH hygienist at the Lawrence site, Laura Pargas - "The biggest concern for the seniors was lack of dental insurance and transportation to places outside of Lawrence."



Free dental products for participants.



DPH hygienist, Joyce Starr, with a participant at the Dorchester site. - "I screened 20 seniors and had fun. All the seniors I saw were just great!"

**Future recommendations:** The findings from this oral health event suggest that oral health and dental care is a great unmet need for many seniors living in the community in Massachusetts. EOE Nutrition Department recommendations:

- Continued collaboration between the Nutrition Program and the DPH Office of Oral Health, including joint grant opportunities.
- Exploring other community oral health collaborations, especially in Boston and other high need areas.
- Expanded oral health screenings at meal sites in other parts of the state, recommend making this an annual summer program when state hygienists are not working in schools.
- Work with senior centers to explore transportation options for seniors to be able to access dental care.
- Expanded screenings to include home delivered meal participants who reside in large housing complexes.
- Oral health events may be used to outreach to younger seniors not currently utilizing the nutrition program.
- EOE Senior Scene on the topic of oral health.

It is estimated that at least 1/3 of older adults have untreated dental issues. There is an important link between oral health and nutrition. Oral infections as well as other illnesses with oral symptoms can impact not only the ability to consume food, but also overall health and nutrition status. Conversely, poor nutrition can also result in oral health problems. It is critical that this issue continues to be addressed by the MA Elderly Nutrition Program.



# Oral Health Day

Thursday April 18<sup>th</sup>, 2013

8 AM - 3:30 PM



**11:30 AM** Nutrition Presentation



## What?

- Free oral health screenings by a Registered Hygienist (sign up for an appointment today!)
- Information on how to find local, low-cost dental providers
- Presentation on oral health and diet by the Nutritionist
- Free dental giveaways!



## Why?

- Oral health is essential to overall health!
- Because dental services are not covered by Medicare, many seniors may not be able to see a dentist



## Where?

Kit Clark Senior Services, 617-825-5000

1500 Dorchester Ave, Dorchester, MA 02122

Presented by the MA Executive Office of Elder Affairs, Department of Public Health Office of Oral Health, and Kit Clark Senior Services.



# Oral Health Screening Sign-up Sheet Thursday April 18<sup>th</sup>, 2013



**Kit Clark Senior Services (1500 Dorchester Ave.)**

<b>Appointment</b>	<b>Name</b>	<b>Phone Number</b>
8:00		
8:10		
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The Commonwealth of Massachusetts  
Executive Office of Health and Human Services  
Department of Public Health  
250 Washington Street, Boston, MA 02108-4619

DEVAL L. PATRICK  
GOVERNOR

TIMOTHY P. MURRAY  
LIEUTENANT GOVERNOR

JOHN W. POLANOWICZ  
SECRETARY

LAUREN A. SMITH, MD, MPH  
INTERIM COMMISSIONER

### Consent for Oral Health Screening

\_\_\_\_\_  
(print your name)

I understand that the Massachusetts Department of Public Health Office of Oral Health in collaboration with the Executive Office of Elder Affairs is offering oral health screenings to patients in a limited number of senior centers.

I understand a licensed dental professional will conduct a simple screening for obvious dental problems, by looking at my teeth, face and neck and into my mouth. This is not a comprehensive oral and dental examination. It is not supposed to take the place of a regular visit to a dentist.

I understand this oral screening may find oral health problems, including possible untreated decay, problems with dentures, and/or growths in the mouth that may be related to oral cancer and/or other oral diseases. If a problem is found, I understand I will be referred to a dentist or dental program that will be able to make a final diagnosis



I understand that I need to follow up with the dentist or dental program I am referred to or with a dentist of my choice.

I understand that no x-rays are included in the screening, but the dental professional may use a light, sterile mirror, tongue depressor and/or gauze. The process should only take a few minutes to complete.

I understand that participation is completely voluntary. I can withdraw my consent at any time. A refusal to participate will not affect any other services that I get.

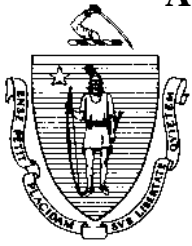
I hereby voluntarily consent to the oral health screening. I have been given a chance to have my questions answered.

Your Name \_\_\_\_\_

Signature of Participant \_\_\_\_\_

Date \_\_\_\_\_

## Attachment 4



The Commonwealth of Massachusetts  
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On \_\_\_\_\_, \_\_\_\_\_ participated in an oral/dental screening program.

### Screening Results:

\_\_\_\_\_ No obvious decay or problems were noted (x-rays were not taken).

\_\_\_\_\_ Areas of possible decay exist. Please have your teeth checked by a dentist **in the near future**.

\_\_\_\_\_ Large areas of decay are suspected. Please have your teeth checked by a dentist **as soon as possible**.

\_\_\_\_\_ There is an **immediate** need for follow-up and/or dental treatment due to pain and/or infection.

\_\_\_\_\_ There is an **immediate** need for follow-up and/or dental treatment due to possible soft tissue pathology in \_\_\_\_\_ location.

### Screener Comments:

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For your dental health, we also recommend:

- Daily brushing with a soft toothbrush and fluoridated toothpaste
- Drinking fluoridated water
- Dental examinations at least once a year
- Limiting the amount of candy, snacks and sugar drinks between meals

If you do not have a dentist and you need help obtaining dental care, please contact the Office of Oral Health at 617-624-5943 or [Oral.Health@state.ma.us](mailto:Oral.Health@state.ma.us)

## Attachment 5

### ORAL HEALTH SCREENING FORM

Screening Date: \_\_\_\_\_

Site: \_\_\_\_\_

Screener: \_\_\_\_\_

Patient Name \_\_\_\_\_

Gender: M F Date of Birth \_\_\_\_\_ Race \_\_\_\_\_

Do you have a dentist? Y N

Medication: Y N Unknown

Presence of pain:

Soft Tissue: Y N

Teeth: Y N

Physical Functional Disability: Y N

Edentulous: (3 or more missing teeth in 1 arch) NO

Maxillary Full Partial  
Mandibular Full Partial

Dentures: Y N Full (Maxillary Mandible) Partial (Maxillary Mandible)

**Function of dentures:** None Minimal Adequate

Soft Tissue Lesions: Y N Location: \_\_\_\_\_

Xerostomia: Y N

Gingivitis: Y N

Untreated Caries: Y N

Treatment Urgency Needed:

0 No Obvious Problems

1 Early Dental Care

2 Major Dental Care

3 Urgent Dental Care – Hard Tissues

4 Urgent Dental Care – Soft Tissues

**REFERRAL Y N**

Comments: \_\_\_\_\_

## Attachment 6

### Dental Schools

#### **1. Tufts University**

One Kneeland Street, Boston, MA 02111

General/Comprehensive Dentistry (Pre -Doctoral Clinics): (617) 636-6828

Advanced General Dentistry (Post-Doctoral Clinic): (617) 636-6669

#### **2. Boston University (Dental Clinic at 2 locations)**

• 100 East Newton Street, 7th floor, Boston, MA 02215

(617) 638-4670

• 930 Commonwealth Avenue, Boston, MA 02118

(617) 358-1000

#### **3. Harvard University**

188 Longwood Avenue, Boston, MA 02115 -5888

(617) 432-1434

### Dental Hygiene Schools

#### **1. Bristol Community College**

777 Elsbree Street, Fall River, MA 02720

(508) 678-2811 Ext.2139

#### **2. Cape Cod Community College**

2240 Iyannough Road, West Barnstable, MA 02668

(508) 362-2131 Ext.4371

#### **3. Forsyth (Mass College of Pharmacy and Health Sciences)**

179 Longwood Avenue, Boston, MA 02115

(617) 278-2700

#### **4. Middlesex Community College**

33 Kearney Square, Lowell, MA 01852

(978) 656-3250

#### **5. Mount Ida College**

777 Dedham Street, Newton Center, MA 02459

(617) 928-7360

#### **6. Mount Wachusett Community College**

444 Green Street, Gardner, MA 01440

(978) 630-9413

#### **7. Quinsigamond Community College**

670 W. Boylston Street, Worcester, MA 01606

(508) 854-4306

#### **8. Springfield Technical Community College**

1 Armory Square, Suite 1, Springfield, MA 01102

(413) 755-4900

# DENTAL RESOURCES BY COUNTY

## ESSEX COUNTY



### Gloucester Family Health Center

- **Located at:** 302 Washington Street, Gloucester 01930
- **Phone:** (978) 282-8899
- **Languages Spoken:** English, Portuguese, Spanish
- **Open:** Monday through Friday: 8:30AM to 5PM; Tuesday, Open until 7PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.nschi.org/>

### Lynn Community Health Center

- **Located at:** 269 Union Street, 2<sup>nd</sup> Floor, Lynn 01901
- **Phone:** (781) 581-9832
- **Languages Spoken:** English, Haitian, Portuguese, Russian, Spanish, Persian/Farsi. They also use certified Language International phone line system for those languages not spoken by their staff.
- **Open:** Monday and Tuesday: 8AM to 8PM; Thursday: 10AM to 8PM; Wednesday and Friday: 8AM to 5PM; Saturday: 8AM to 2PM
- **Accepting New Patients?** ?
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions, Crowns and Gum Surgery.
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.lchcnet.org>

## ESSEX COUNTY

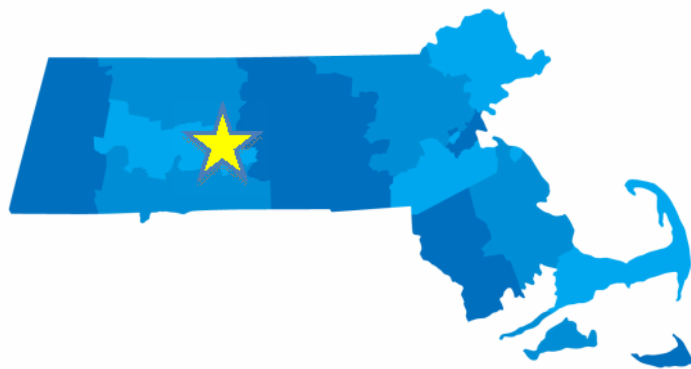
### Salem Family Health Center

- **Located at:** 47 Congress Street, Salem 01970
- **Phone:** (978) 744- 8388
- **Languages Spoken:** English, Spanish and Portuguese ( translation service available)
- **Open:** Monday through Friday: 8:30AM to 5 PM
- **Accepting New Patients?** Yes (earliest openings in July)
- **Walk-In Hours:** Monday through Thursday at 8:30am (first come first serve)
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.nschi.org>

## HAMPDEN COUNTY

### Caring Health Center

- **Located at:** 532 Sumner Avenue, Springfield 01103
- **Phone:** (413) 693-1045
- **Languages Spoken:** English, Arabic, Haitian, Portuguese, Russian, Spanish, Vietnamese, Somalian, American Sign Language. The Caring Health Center has 19 languages on staff and is contracted with Pacific Interpreters, a telephone interpreting service.
- **Open:** Monday through Friday: 8AM to 6PM
- **Accepting New Patients?** Yes (earliest openings in May)
- **Emergency Hours:** Monday through Friday 8AM to 4PM
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Extractions, Limited Root Canals and Crowns
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.caringhealth.org>



### **Holyoke Health Center**

- **Located at:** 230 Maple Street, Holyoke 01040
- **Phone:** (413) 420-2200
- **Languages Spoken:** English and Spanish.
- **Open:** Monday through Friday: 8AM to 6PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors

**Web Site:** <http://www.hhcinc.org>

## **HAMPDEN COUNTY**

### **Holyoke Health Center**

- **Located at:** 230 Maple Street, Holyoke 01040
- **Phone:** (413) 420-2200
- **Languages Spoken:** English and Spanish.
- **Open:** Monday through Friday: 8AM to 6PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.hhcinc.org>

### **Springfield Health Services for the Homeless**

- **Located at:** 755 Worthington Street, Springfield 01105
- **Phone:** (413) 731-9575
- **Languages:** English and Spanish
- **Open:** Tuesdays and Thursdays: 9AM to 4PM; Walk-ins accepted Tuesday mornings.
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions (limited)
- **Population treated:** Homeless Adults
- **Web Site:** <http://www3.springfield-ma.gov/hhs>

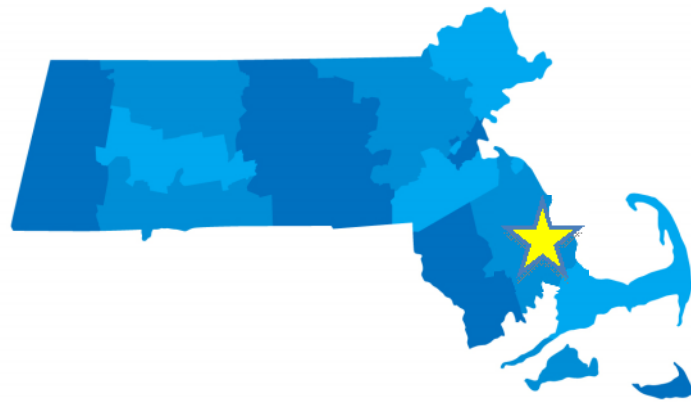
### Springfield Technical Community College Dental Clinic – Holyoke Health Center

- **Located at:** 1 Armory Square, Springfield 01102 (Bldg #20; room 212)
- **Phone:** 413-420-6250
- **Languages:** English and Spanish
- **Open:** Monday through Friday, 8AM to 4PM
- **Accepting New Patients?** Yes
- **Walk in Hours:** Monday through Friday 8AM and 10AM
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.hhcinc.org>

## PLYMOUTH COUNTY

### Brockton Neighborhood Health Center

- **Located at:** 63 Main Street, Brockton 02301
- **Phone:** (508) 894-3681
- **Languages Spoken:** English, Haitian, Portuguese, Spanish, Cape Verdian, French Creole, and Hindi.
- **Open:** Monday, Wednesday & Thursday: 8:30AM to 8PM; Tuesday and Friday: 8AM to 6 PM
- **Accepting New Patients?** No, but there is a waiting list
- **Walk-In Hours:** 9AM to 12PM
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.bnhc.org>

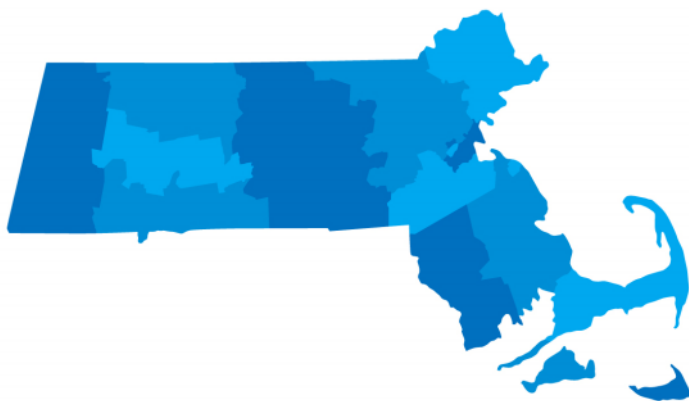




# SUFFOLK COUNTY

## Boston Health Care for the Homeless Program

- **Located at:** Jean Yawkey Place, 780 Albany Street, Boston 02118
- **Phone:** (857) 654-1885
- **Languages Spoken:** English, Chinese, Portuguese, Spanish
- **Open:** Monday through Friday, 7:30AM to 3:00PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Extractions
- **Population treated:** Homeless Adults only
- **Web Site:** <http://www.bhchp.org>



## Codman Square Health Center

- **Located at:** 637 Washington Street, Dorchester 02122
- **Phone:** (617) 825-9660
- **Languages Spoken:** English, Haitian and Spanish.
- **Open:** Monday through Thursday: 9AM to 8PM ; Friday: 9AM to 5PM; Saturday: 9AM to 2PM, 2 Saturdays a month.
- **Accepting New Patients?** Yes
- **Walk-In Hours:** Monday through Thursday 9AM to 11AM and Wednesdays 2PM to 3PM
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.codman.org/medical-services/dental-care>

## Dimock Community Health Center

- **Located at:** 55 Dimock Street, Roxbury 02119
- **Phone:** (617) 442-8800
- **Languages Spoken:** English, Spanish and telephone interpreter services available for 50 different languages.

- **Open:** Monday through Thursday: 9AM to 7PM; Friday: 9AM to 4PM; Saturday: 9AM to 1PM
- **Accepting New Patients?** No (openings starting June, 2013)
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals (front teeth only), Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://dimockcenter.org>

### **Dorchester House Multi-Service Center**

- **Located at:** 1353 Dorchester Avenue, Dorchester 02122
- **Phone:** (617) 288-3230
- **Languages Spoken:** English, Spanish, Vietnamese, French, Arabic, Cape Verdean, Creole, Turkish and Croation.
- **Open:** Monday through Thursday: 8AM to 8PM; Friday: 8AM to 4PM; Saturday: 9AM to 1PM
- **Accepting New Patients?** Yes
- **Walk-In Hours:** Monday through Friday 8AM to 9:45AM and 1PM to 2:15PM
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.dorchesterhouse.org>

### **Fenway Health**

- **Located at:** 1340 Boylston Street, Boston 02215
- **Phone:** (617) 927-6127
- **Languages Spoken:** English, Spanish and Vietnamese
- **Open:** Monday, Wednesday and Friday: 8AM to 5PM; Tuesday & Thursday: 8AM to 7Pm.
- **Accepting New Patients?** No, but you can walk in and if there is any cancellations, they will see you
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.fenwayhealth.org>

### **Geiger-Gibson Community Health Center**

- **Located at:** 250 Mount Vernon Street, Dorchester 02125
- **Phone:** (617) 288-1140
- **Languages Spoken:** English and Spanish with ability to use the Interpreter Telephone Line.
- **Open:** Monday, Wednesday and Thursday: 7:30AM to 9PM; Tuesday: 8:30AM to 9PM; Friday and Saturday: 8:30AM to 4PM
- **Accepting New Patients?** Yes, on 30 day rolling basis.
- **Walk-In Hours:** varies daily. Call to find out
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals (limited), Extractions (limited), and Crowns. \*If limited, you may be referred out depending on the severity.
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.hhsi.us/index.php>

#### **Harvard Street Neighborhood Health Center**

- **Located at:** 632 Blue Hill Avenue, Dorchester 02121
- **Phone:** (617) 822-5535
- **Languages Spoken:** English, Haitian, Portuguese, and Spanish
- **Open:** Monday through Thursday: 8:30AM to 8PM; Friday: 9:30AM to 4:30PM; Saturday: 9AM to 3PM alternate Saturdays.
- **Accepting New Patients?** Yes, but there is a waiting list.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals (limited), Extractions,
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.harvardstreet.org>

#### **Joseph M. Smith Community Health Center -Allston**

- **Located at:** 287 Western Avenue, Allston 02134
- **Phone:** (617) 783-0500
- **Languages Spoken:** English, Haitian, Portuguese, Russian, Spanish and Vietnamese.
- **Open:** Monday, Tuesday, Thursday: 8:30AM to 9PM; Wednesday & Friday: 8:30AM to 5PM; Saturday: 8:30AM to 1PM

- **Accepting New Patients?** No
- **Walk-In Hours:** Monday through Friday at 8:30am and at 1pm (first come first serve)
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Crowns
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.jmschc.org>

### **South Cove Community Health Center**

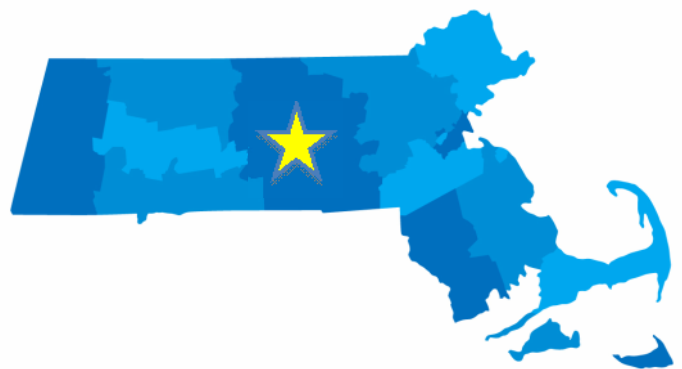
- **Located at:** 145 South Street, Boston 02111
- **Phone:** (617) 521-6760
- **Languages Spoken:** English, Chinese and Vietnamese.
- **Open:** Monday through Friday: 9AM to 5:30PM, Saturday: 9AM to 3PM
- **Accepting New Patients?** Yes **(no walk-in or emergency hours)**
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.scchc.org>

### **South End Community Health Center**

- **Located at:** 1601 Washington Street, Boston 02118
- **Phone:** (617) 425-2000
- **Languages Spoken:** English and Spanish.
- **Open:** Monday through Friday: 9AM to 6PM
- **Accepting New Patients?** Yes
- **Walk-In Hours:** Monday, Tuesday and Thursday at 9PM and 1PM
- **Services Provided :** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.sechc.org>

## **WORCESTER COUNTY**

### **Fitchburg Community Health Center -** **Community Health Connections**



- **Located at:** 275 Nichols Road, Fitchburg 01420
- **Phone:** (978) 878-8100
- **Languages Spoken:** English, Portuguese, Spanish and American Sign Language.
- **Open:** Monday and Friday: 8AM to 5PM; Tuesday, Wednesday and Thursday: 8AM to 8PM
- **Accepting New Patients?** Yes
- **Walk-In Hours:** Monday and Friday at 8AM and 1PM
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.chcfhc.org>

#### **Greater Gardner Community Health Center – Community Health Connections**

- **Located at:** 175 Connors Street, Gardner 01440
- **Phone:** (978) 410-6100
- **Languages Spoken:** English and Spanish
- **Open:** Monday through Friday: 8AM to 5PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.chcfhc.org>

#### **Leominster Community Health Center - Connections Health Connections**

- **Located at:** 14 Manning Avenue, 4<sup>th</sup> floor, Leominster 01453
- **Phone:** (978) 847-0110
- **Languages Spoken:** English, Portuguese and Spanish.
- **Open:** Monday through Friday: 8AM to 5PM
- **Accepting New Patients?** Yes
- **Walk-In Hours:** Monday Through Friday at 8AM and 1PM
- **Services Provided :** Exams, Cleanings, Fillings, Dentures, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.chcfhc.org>

#### **Edward M. Kennedy Community Health Center - Worcester**

- **Located at:** 19 Tacoma Street, Worcester 01605
- **Phone:** (508) 595-1115
- **Languages Spoken:** English, Albanian, Portuguese, Russian, Spanish, Vietnamese and American Sign Language if requested.
- **Open:** Monday through Friday: 8AM to 7PM; Saturday: 8AM to 5PM
- **Accepting New Patients:** Waiting list is six months to one year, but people with emergencies may call at 7:30AM for a same day appointment.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.gbvhc.org>

#### **Edward M. Kennedy Community Health Center - Clinton**

- **Located at:** 200 High Street, Clinton 01510
- **Phone:** (978) 368-0340
- **Languages Spoken:** Spanish, English and Portuguese
- **Open:** Monday through Friday: 8AM to 7PM; Saturday: 8 to 5 PM
- **Accepting New Patients?** No. There is a 4 month waiting list.
- **Walk-In Hours:** Monday through Friday 8AM to 9AM AND 1PM to 3PM
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.gbvhc.org>

#### **Family Health Center of Worcester**

- **Located at:** 26 Queen Street, 3<sup>rd</sup> Floor, Worcester 01610
- **Phone:** (508) 860-7910
- **Languages Spoken:** English, French, Chinese, Haitian, Portuguese, Spanish, Vietnamese, American Sign Language, Albanian, Farci & Napoli. Language Link available for other languages.
- **Open:** Monday, Tuesday, Wednesday: Friday: 7AM to 6:30PM; Thursday: 7AM to 6:30PM; Friday: 7AM to 6PM
- **Accepting New Patients?** Yes

- **Walk-In Hours:** Monday through Friday at 7AM (admission to comprehensive care for adults is on a space-available basis)
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, adults and seniors. Patients under the age of 21 are accepted immediately for comprehensive care. Admission to comprehensive care for adults is on a space-available basis.
- **Web Site:** <http://www.fhcw.org>